



The Tidal Wave

April 1, 2018
Volume 2, Issue 3

Hello from the Coaches

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Coach Jim, President, Head Coach Report

Thank you to all the swimmers and parents who have dedicated so much time and effort into making this last season a great one.

We ended the short course season in Federal Way, Washington where Rae Dodson, Lily Walker, Julie Schwam and Hannah Walker competed against some of the best swimmers in the region. All four girls raced well and came out of the meet inspired to get there again.

Long course season begins in April. The senior squad will practice afternoons only April 2 - April 6th. We will begin our full schedule beginning April 9th.

Gold, Silver and Bronze will begin April 9th.

I want to welcome Lauren Nelson to the coaching staff. Lauren comes with a ton of swimming experience as an athlete and coach. We are excited to add her to our current staff.



Hello from the Coaches



Photo by Tim Cowley

Coach Bobby

Outstanding job to everyone who helped make the Short Course 2017-2018 a great success for DDAC. I am so excited about the growing commitment from our swimmers and families, and I know that we are only going to continue to grow and achieve great accomplishments individually and as a team.

Swim Meet Sign-Up: This is an area of concern for our swim team. Many families are choosing to neither commit nor decline for a swim meet. Please choose one or the other for all swim meets (COMMIT OR DECLINE). We will have some swim meets every season that are ALL-TEAM events and swimmers will automatically be COMMITTED. Parents will have to choose DECLINE through the website to not participate. Swimmers will be charged for ALL-TEAM events unless they have DECLINED before the meet deadline.

Parents/swimmers do not need to pick racing events, but can suggest events and coaches will approve or disapprove. Also, please include any notes or questions about the event when you declare (i.e. Saturday only).

ALL-TEAM SWIM MEETS – LONG COURSE 2018

May 19-20th DDAC Sextathlon

June 9th MHCC Summer Blast #1

June 30th DDAC Best Chance Meet

July 21st MHCC Summer Blast #2

Hello from the Coaches

Coach Davita

Taking our all-team picture and hearing about all the fast swimming happening at the end of the season is so exciting, especially considering how big of a step it is from just this time last year. I was reminded of taking team pictures with some



Photo by Tim Cowley

very unfortunate red tie-dye t-shirts many years ago. There have been so many changes since then but the legacy of David Douglas Aquatics is still so exciting to be a part of. We have (thankfully) moved towards more fashionable team attire, but the desire to get better every day and be part of some fast swimming has persisted. Can't wait to see you all back at the pool soon and see what the next season will bring for DDAC!

Congratulations to our Sectionals swimmers! Julie Schwam, Rae Dodson, Hannah Walker, Lily Walker... We are so proud of you!



Photo by Jim Bowe

Welcome Lauren!



Lauren is most recently from Eugene, Oregon but grew up in Nevada and northern Idaho. She began swimming at the age of 8 and swam competitively for Team Eugene Aquatics as well as Marist Catholic High School. Lauren went on to swim at Whitworth University in Spokane, Washington, specializing in 200 and 400 IM as well as breaststroke. After college, Lauren pursued a Master of Education degree through the PACE program at University of Portland while she taught at St. Agatha Catholic School. She still works at St. Agatha as a K-5 Learning Specialist and 6th grade teacher. Lauren just completed her first season as the Head Swim Coach at Central Catholic High School and is excited to be joining the staff at David Douglas Aquatic Club!



**The Swim-A-Thon
is coming!**

Friday, May 11, 2018

Information will be given out at the team banquet on April 5th

**2018 Short Course Season
Celebration Potluck & Awards**

Who: Swimmers and family



What: Potluck 6:00 p.m.



When: April 5, 2018

Where: David Douglas High School

North Cafeteria

Food assigned by swimmer's last name:

A-E provide Drinks

F-M provide Dessert

N-Z provide Main/Side Dish



Upcoming Meets

Newport Open at Newport, OR	April 21-22, 2018
2018 Thunderbolt Spring Open at Tualatin Hills, Beaverton, OR	May 4-7, 2018
TYR John DeRoest Memorial Sextathalon at DDAC	May 19-20, 2018
Summer Blast #1 at MHCC	June 9, 2018
Ted Walker Invite LC at The Dalles	June 22-24, 2018
Last Chance Meet at DDAC	June 30, 2018
T-Hills July Classic	July 6-8, 2018
10&under State Championships	July 14-15, 2018
Summer Blast #2 at MHCC	July 21, 2018
11&Over State Championships	July 26-29, 2018
Bend Open at Bend, OR	August 10-12, 2018
Summer Blast #3 at MHCC	August 12, 2018

For more information on each meet, please see the **Events** tab on our website: <https://www.teamunify.com/orddsc>

Upcoming Water Polo

DDAC	April 7, 2018
DDAC	April 28, 2018
DDAC (Clinic)	April 29, 2018 Sign up online TBA
DDAC	May 12, 2018
Albany (Championships)	June 16-17, 2018

For more information on each match, please see the **Events** tab on our website: <https://www.teamunify.com/orddsc>

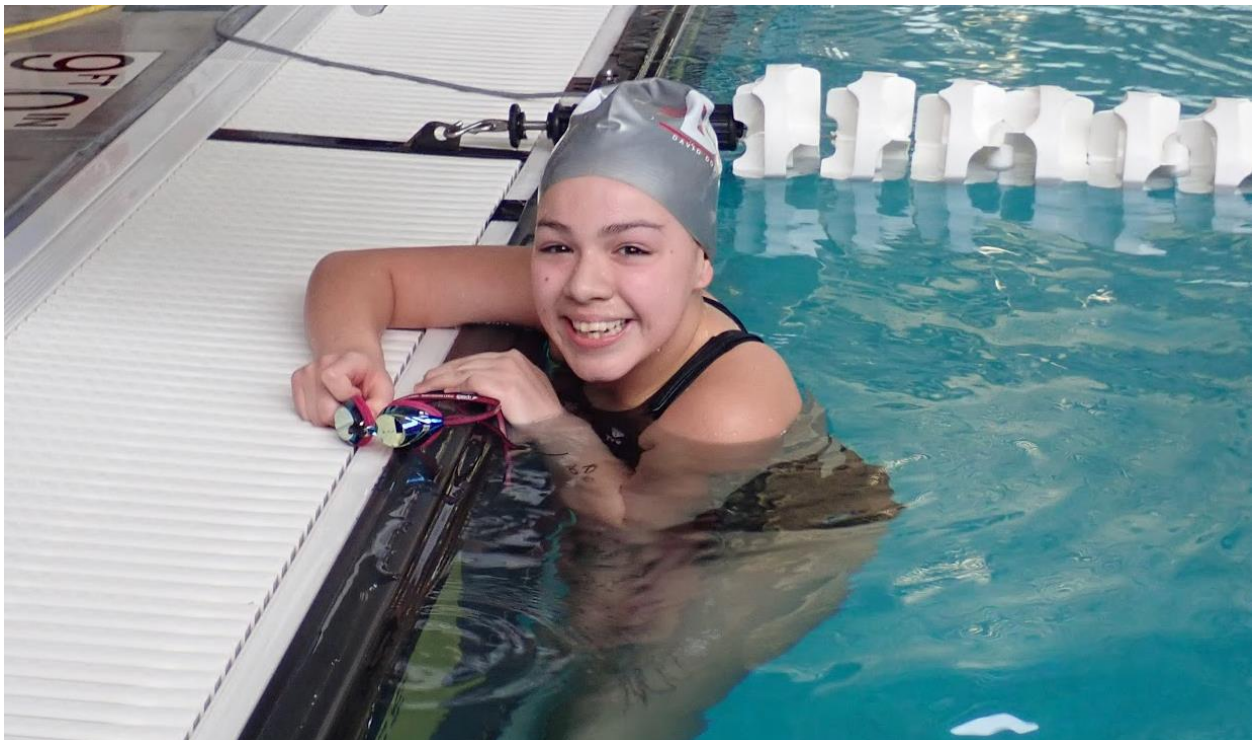


Photo by Karie Lippert

April Birthdays

Happy birthday to our swimmers!

Ariana Homola	April 6	Silver I
Claire Dossa	April 13	Scotsman
Hannah Walker	April 20	Scotsman
Holly Williams	April 20	Bronze I
Tyler Mapes	April 23	Gold
Francis Tran	April 26	Silver II
Wendy Rios	April 30	Scotsman



Photo by Tim Cowly

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Photo by Karie Lippert

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